

2025 SCHEDULE OF COURSES

The LifeLine Course – February 2025 Schedule

01 MODULE 1 – Personal Growth

Course Prep Online: Week of 10 – 15 Feb; Date & time – TBD (Facilitators Only)

SESSION	DAY	DATE	TIMES (AM)	OR	TIMES (PM)
1	Wednesday	19 February 2025	09.00-12.30		18:00-21.30
2 & 3	Saturday	22 February 2025	09.00-16:00		
4	Wednesday	26 February 2025	09.00-12.30		18.00-21.30
5	Wednesday	05 March 2025	09.00-12.30		18.00-21.30
6	Wednesday	12 March 2025	09.00-12.30		18.00-21.30
7	Saturday	15 March 2025	09.00-12.30		
8	Wednesday	19 March 2025	09.00-12.30		18.00-21.30
9	Wednesday	26 March 2025	09.00-12.30		18.00-21.30
10	Saturday	29 March 2025	09.00-12.30		
11	Wednesday	02 April 2025	09.00-12.30		18.00-21.30
12	Wednesday	09 April 2025	09.00-12.30		18.00-21.30

02 MODULE 2 – Introduction to Counselling Skills

Course Prep Online: Saturday 5 April or 12 April; 9am – 12noon (Facilitators Only)

SESSION	DAY	DATE	TIMES (AM)	OR	TIMES (PM)
1	Wednesday	16 April 2025	09.00-12.30		18:00-21.30
2	Wednesday	23 April 2025	09.00-12.30		18.00-21.30
3	Wednesday	07 May 2025	09.00-12.30		18.00-21.30
4	Wednesday	14 May 2025	09.00-12.30		18.00-21.30
5	Wednesday	21 May 2025	09.00-12.30		18.00-21.30
6	Saturday	24 May 2025	09.00-12.30		
7	Wednesday	28 May 2025	09.00-12.30		18.00-21.30
8	Wednesday	04 June 2025	09.00-12.30		18.00-21.30
9	Wednesday	11 June 2025	09.00-12.30		18.00-21.30
10	Wednesday	18 June 2025	09.00-12.30		18.00-21.30

PLEDGE Saturday 28th June 2025; Morning

Internship – Provisional Dates

03 MODULE 1 – Advanced Counselling Themes (Additional Mentor Sessions may be scheduled based on need)

Prep Online: Saturday 21 June; 9am – 11am (Mentors only)

	SESSION	DAY	DATE	TIMES
1	Mentor Intro	Wednesday	02 July 2024	18.00- 20.30
1	Intern1	Saturday	12 July 2024	09.00 –12.30
2	Mentor1	Wednesday	16 July 2024	18.00- 21.00
2	Intern2	Saturday	26 July 2024	09.00 –12.30
3	Mentor2	Wednesday	30 July 2024	18.00- 21.00
3	Intern3	Saturday	02 August 2024	09.00 –12.30
4	Mentor3	Wednesday	06 August 2024	18.00- 21.00
4	Intern4	Saturday	23 August 2024	09.00 –12.30
5	Mentor4	Wednesday	27 August 2024	18.00- 21.00
5	Intern5	Saturday	13 September 2024	09.00 –12.30
6	Mentor5	Wednesday	17 September 2024	18.00 - 21.00
7	Mentor Catchup	Wednesday		18.00 –21.00

04 MODULE 2
LISTENING &
GUIDED CALLS